



# SUPPORT PACKAGE FOR RESTART

Project "Chance to Restart 2" for unemployed persons with disabilities

## **Summary:**

Get involved in the free educational, counselling, and work support program "Chance to Restart 2". We will help you to use your life experience and get a job suitable for your individual needs. Join our clients who have already made it:

"Although I can't work to the full, I feel useful". "Meeting people with the same disability who managed to return to the labour market was an inspiration to me.'

"Working with the computer was a problem for me,

but a tailor-made course helped me"
"I believed that training with an employer would help me regain the job that would entertain me".

We also believe that the "Chance to Restart 2" project will support you in finding a job where you will be satisfied!

## Who can participate:

- for unemployed or inactive people,
- disabled or disadvantaged,
- from the Hradec Kralove and Central Bohemia regions.

## When and where the project will take place:

We will support 60 participants in 3 phases. You can subscribe to any of these phases:

- 1. phase 1/2020 7/2020
- 2. phase 8/2020 2/2021
- 3. phase 3/2021 9/2021

Expected venues: Hradec Kralove, Mělník, Kutna Hora

## **Activities:**

- Sharing circles councils (meeting people with similar issues, sharing stories, supporting self-confidence)
- Individual counselling program (consultation with a coach and a counsellor based on individual needs)
   Motivational workshops (job application, CV, preparation for interview, self-presentation, self-assessment, overcoming barriers, personal vision, professional portfolio, action plan, etc.)
- Computer workshops (work with computer and the Internet, email, work with word processor, sheets etc.)
- Labour fairs (meetings with employers in the region, information on vacancies and possibility to get working contacts)

# We also offer to selected participants:

- Retraining course according to individual needs
- National Qualifications Framework (NSK) professional qualifications. These are re-training courses that can only be carried out by educational establishments or schools which have adequate accredited training programs, in accordance with §108 of Employment Law 435/2004. Thus, the offer should indicate that the program is accredited and that the output is qualified under this Act. https://www.narodnikvalifikace.cz/
- Work training with a wage contribution according to individual needs For selected participants who successfully pass motivational and educational support, or re-training, according to individual goals and action plan, a training of work habits and practical skills will be provided through training activities supported by a mentor in selected companies. (approx. 3-5 months)

The on-line application form can be found at: www.sancenarestart2.cz

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