



# SUPPORT PACKAGE FOR RESTART

## Project „Chance to Restart“ for unemployed persons aged 50+ with disabilities

### Summary:

Get involved in the free educational, counselling, and work support program “**Chance to Restart**”. We will help you to use your life experience and get a job suitable for your individual needs. Join our clients who have already made it:

*"Although I can't work to the full, I feel useful".*

*"Meeting people with the same disability who managed to return to the labour market was an inspiration to me."*

*"Working with the computer was a problem for me, but a tailor-made course helped me"*

*"I believed that training with an employer would help me regain the job that would entertain me".*

We also believe that the “**Chance to Restart**” project will support you in finding a job where you will be satisfied!

### Who can participate:

- for unemployed or inactive people,
- disabled or disadvantaged,
- aged 50-64,
- from the Hradec Kralove, Central Bohemia, Pardubice or Liberec regions.

### When and where the project will take place:

We will support 60 participants in 3 phases. You can subscribe to any of these phases:

**1. phase 1/2018 - 7/2018**

**2. phase 8/2018 - 2/2019**

**3. phase 3/2019 - 9/2019**

Expected venues: **Hradec Kralove, Kutna Hora**

### Activities:

- **Sharing circles - councils** (meeting people with similar issues, sharing stories, supporting self-confidence)
- **Individual counselling program** (consultation with a coach and a counsellor based on individual needs)
- **Motivational workshops** (job application, CV, preparation for interview, self-presentation, self-assessment, overcoming barriers, personal vision, professional portfolio, action plan, etc.)
- **Computer workshops** (work with computer and the Internet, email, work with word processor, sheets etc.)
- **Labour fairs** (meetings with employers in the region, information on vacancies and possibility to get working contacts)

### We also offer to selected participants:

- **Retraining course** - according to individual needs
- **National Qualifications Framework (NSK) professional qualifications.** These are re-training courses that can only be carried out by educational establishments or schools which have adequate accredited training programs, in accordance with § 108 of Employment Law 435/2004. Thus, the offer should indicate that the program is accredited and that the output is qualified under this Act. <https://www.narodnikvalifikace.cz/>
- **Work training with a wage contribution** - according to individual needs

For selected participants who successfully pass motivational and educational support, or re-training, according to individual goals and action plan, a training of work habits and practical skills will be provided through training activities supported by a mentor in selected companies.  
(approx. 3-5 months)

**The on-line application form can be found at: [www.sancenarestart.cz](http://www.sancenarestart.cz)**

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